



M Mentor UK
REVIEW 2005-2006

OUR MISSION

Mentor UK, a registered UK Charity, works in conjunction with its partners in the international Mentor Family. Our mission is identical:

Mentor seeks to undertake, identify, support and share information on effective, proven and promising practices that will protect children and young people from the harm that drugs cause and that will make misuse less likely.

OUR VISION

A world that provides opportunities for the healthy development of children and youth free from the harm caused by drug misuse.

ABOUT PREVENTION

Drug treatment services treat individuals once they have developed a problem. The prevention of drug misuse addresses personal, social or environmental factors in order to contribute to delaying or avoiding the onset of drug use and its progression to harmful or problematic misuse. It is based on the principle that drug misuse is a preventable behaviour and that prevention can bring about lasting changes in communities. The UK government and others have stressed the importance of prevention in tackling the structural problems affecting socially excluded communities across the UK.

“We will only drive down levels of drug crime if the number of new drug misusers also falls. That is why prevention and early intervention with young people, before problems escalate, is the only way to make a long-term difference.”

Updated UK Drug Strategy 2002

ABOUT MENTOR UK

While there are still huge gaps in our knowledge about prevention, research has shown prevention approaches can have short-term effects on:

- Delaying onset of drug and alcohol use
- Reducing drug use and associated harm
- Altering risk/protective factors.

Drug prevention is not just about drugs. Mentor’s message is positive – it is about promoting opportunities. By building supportive communities, supporting family networks, investing in infrastructure such as playing fields and youth clubs, giving young people things to do, we can reduce the risk of problematic drug use. We can also support young people to make healthy choices, to live fulfilling lives and to contribute to their communities.



“IT’S GOOD TO HAVE A SAFE SPACE – HERE IT’S TOO FAR TO WALK TO THE PARK AND WE GET VERY BORED IN THE HOLIDAYS. THE PARK ISN’T A SAFE PLACE ANYWAY”

Children’s Panel, Mentor UK Alcohol Misuse Prevention Awards Scheme

MENTOR UK’S PRIORITIES INCLUDE:

- Facilitating dialogue between organisations and individuals engaged in substance misuse prevention, to share experience and learning
- Achieving increased investment in the evaluation of prevention initiatives
- Influencing policy-makers and practitioners to review and evaluate their prevention activities, to optimise their impact
- Advocating for an increase in investment and activities relating to substance misuse prevention
- Disseminating learning about promising and proven prevention approaches to prevention of substance misuse
- Providing projects with financial resources or acting on their behalf to secure funding for them.

Mentor UK considerably extended its activities and influence in 2005 and can now reasonably claim to be the leading UK charity working to prevent drug related harm to children and young people. Mentor UK works with providers of services to young people at a local level at the same time as working alongside government officials and senior policy makers to address the gaps in our knowledge about what makes effective prevention. By disseminating findings from all its research and projects Mentor UK helps practitioners and policy makers to commission and develop services that are based on what we know helps young people to avoid drug related harm.



Photo: Mentor UK Youth Involvement Project

MENTOR UK'S STRATEGIC OBJECTIVES

Mentor UK is committed to the development of effective prevention, thus protecting young people from harm. In order to fulfil this commitment Mentor UK's Strategic Plan 2003 – 2008 seeks to:

- Influence drug misuse prevention policy
- Support good practice in drug misuse prevention
- Support drug misuse prevention research
- Increase the profile of drug misuse prevention.

“WE’VE GOT OUR WHOLE LIFE TO LIVE – IT’S GOOD TO HAVE AN INTEREST, NOT JUST SITTING ON THE WALL OR GETTING INTO TROUBLE – SOMETIMES FOR THINGS YOU HAVEN’T DONE”

Children’s Panel, Mentor UK Alcohol Misuse Prevention Awards Scheme

FULFILLING THESE OBJECTIVES: MENTOR UK’S ACTIVITIES IN 2005•2006

Influencing policy

Mentor UK’s key position, working with policy makers, government ministers and NGOs, ‘preventing today’s young people from becoming tomorrow’s problematic drug users’ can be seen through Mentor UK’s regional, national and international work.

Since 2004, Mentor UK has hosted the **Drug Education Forum**, the leading umbrella organisation in England for the drug education field, bringing together over 20 national organisations from health, education, police and voluntary sectors that deliver or support the delivery of drug education. The Chief Executive was elected Vice Chair of the group and Mentor UK employs the Coordinator, Andrew Brown.

Mentor UK’s Chief Executive Eric Carlin continued to represent the Drug Education Forum on the Practitioners Group for the Home Office’s Blueprint Project, which is the largest study undertaken so far in the UK to assess the impact of a multi-component approach to drug education, supporting parents and action within communities on drug misuse. He also sat on the Home Office Voluntary and Community Sector Group. Eric Carlin represented the international Foundation at the UN’s Vienna NGO Committee and at the Pompidou Group, Council of Europe. In 2005 the Chief Executive addressed several major conferences, including those held by the Pompidou Group, the Department of Health, the Youth Justice Board for England, Wilton Park (Foreign and Commonwealth Office) and the International Council on Alcohol and Addictions. In March 2005 he also chaired the official NGO conference held at the United Nations in Vienna as part of the annual intergovernmental Commission for Narcotic Drugs and helped to organise the 2006 conference.

“THE VERY IDEA OF WORKING WITH DISAFFECTED YOUNG PEOPLE IN COASTAL AND EX-MINING AREAS WAS A BOLD ONE AND MENTOR UK SHOULD BE COMPLIMENTED ON RUNNING A HIGHLY SUCCESSFUL AND PROFESSIONAL PROJECT”

Rabbi Simon Grant, Salford

Supporting good practice

Mentor UK has developed models for consultation and towards the end of 2005 the charity gained three years' funding from the Rank Foundation to develop a **Youth Involvement Project** which will provide young people with the training, support and structures to enable them to be actively involved in consultation processes at a strategic level.



Coastal and ex-mining communities are frequently areas of multiple deprivation, where young people are at an increased risk of drug related harm. In 2005/6, with funding from the Henry Smith Charity and the Department of Health, Mentor UK began to research the needs of young people living in these areas and to pilot interventions to meet these needs. Twelve one year projects were launched with local community groups across England. These projects are focusing on mentoring, parenting and diversionary activities. All twelve projects are being externally evaluated and, based on the findings of these evaluations, recommendations will be made to government on how best to support young people at risk in these areas.

Funding from the Department of Health has enabled Mentor UK to begin a groundbreaking piece of action research into the needs of **grandparents caring full time for their grandchildren**. The Home Office publication 'Hidden Harm' identified that a large number of children of problem drug users were cared for by other relatives, often grandparents. Grandparents may lack knowledge about their rights and responsibilities when caring for young people and can be unaware of sources of guidance and support that are available. In 2005, in partnership with Adfam and Grandparents Plus and with Department of Health funding, Mentor UK launched a new project to work with a selection of grandparent carers to uncover their needs and create a resource pack for grandparent carers and for agencies working with them. The charity is working with grandparents across the country to identify what can support grandparent carers to help the young people that they are caring for to avoid harm from drug or alcohol use.



“I’M HELPING HER TO KNOW
THAT SHE’S LOVED AND VALUED
– WHICH SOMETIMES SHE
DOESN’T FEEL, BECAUSE MUM
SHOULD REALLY BE HERE”

Participant, Mentor UK Grandparents Project

In 2005, the Department of Health (DH) initiated an innovative new project, **Children’s Charities Working Together on Drug Prevention**, which supports the five leading national children’s charities in developing a coordinated programme of activity to prevent drug related harm to children and young people. The initiative aims to mainstream substance misuse work within children and young people’s services and to build capacity among voluntary sector children’s organisations by funding a partnership approach to drug prevention. Mentor UK successfully won a competitive tender to carry out the external evaluation of this project. The evaluation is focusing on identifying both good practice and the strategic challenges that partnership work of this kind involves.

Supporting research

As well as disseminating its report on drugs and rural communities, in 2005/6 Mentor UK published and disseminated research reviews about Grandparent Primary Carers, Coastal and Ex-mining areas and Refugees and Asylum Seekers.

In 2003, Mentor UK’s joint work with the University of Surrey Roehampton resulted in Mentor UK sponsoring the development and provision of a diploma course focusing on the evaluation of drug misuse prevention. Drawing on the experience gained during the development and delivery of this diploma course, in 2005 Mentor UK commissioned a guide to the evaluation of prevention work, targeted at practitioners working with young people. This will be published in 2006.



Raising the profile of drug misuse prevention

From January 2006, Diageo Great Britain has funded Mentor UK to develop an **Alcohol Misuse Prevention Awards Scheme** recognising good practice in alcohol misuse prevention programmes in three categories: schools, community initiatives and young people's involvement. Applications have been submitted from throughout the UK and media interest has been high. The first awards will be distributed at a ceremony at the Museum of London in September 2006. Mentor established a detailed set of criteria for the Awards, a panel of experts planned to develop a shortlist and the overall winners will be chosen by young people themselves. Each of the three winners will receive cash awards over a two year period to develop their projects and help more young people to avoid alcohol related harm.



Chief Executive Eric Carlin in Colombia

Mentor UK's commitment to and experience of disseminating its findings about what works in helping young people to avoid drug related harm and about how to evaluate the impact of drug prevention work with children and young people, raises the profile of substance misuse nationally and internationally. Mentor UK's international, as well as national, networks enable us to draw on data from international experts, and to disseminate our findings via Mentor International's Prevention Academy which includes a website summarising learning to date in the prevention field. In 2005, Mentor UK's Chief Executive visited our sister agency in Colombia to learn about their work. Following on from that, Mentor UK has developed plans to translate, adapt and pilot Colombian drugs education materials in the United Kingdom. In November 2005, Mentor UK contracted Third Sector PR to help develop its media profile. This has led to significant media interest and opportunities to publicise the charity and its projects on television, radio and in printed media.

“PEOPLE WHO WEREN’T AWARE OF THE RISKS INVOLVED IN DRINKING AND TAKING DRUGS WILL NOW HAVE AN IDEA OF HOW TO ACT IF THEY ARE GOING ON A NIGHT OUT”

Participant, Mentor UK Coastal & Ex-Mining Areas Project, Whitby

In 2005/6 monies were gratefully received from the following:

- The Sylvia Aitken Charitable Trust
- The Bluston Charitable Trust
- The Clore Duffield Foundation
- The Department for Education & Skills
- The Department of Health
- Diageo Great Britain
- The Dixons Foundation
- The Dorset Foundation
- The Home Office
- Miss Selfridge
- The Rank Foundation
- The Eva & Hans K. Rausing Trust
- The Rayne Foundation
- The Henry Smith Charity.

Thanks to all other donors including those who elected to remain anonymous and to individuals who have supported Mentor UK’s work.

In early 2006, Mentor UK began planning a gala fundraising dinner and auction with Mentor Foundation International to take place in London in May 2006, the net proceeds of which are to be shared equally by the two organisations.

Photo: Mentor UK Youth Involvement Project



FINANCIAL STATEMENTS:

MENTOR FOUNDATION UK FOR THE PREVENTION OF SUBSTANCE ABUSE
(CHARITY REG NO 1072619) FOR THE PERIOD ENDED 31ST MARCH 2006

Statement of Financial Activities for the period ended 31 March 2006

	Unrestricted funds	Restricted funds	Total 2006	Year Ended 31 Dec 2004
	£	£	£	£
INCOMING RESOURCES FROM GENERATED FUNDS				
Donations & legacies	166,733	439,650	606,383	442,451
Investment income	1,291	124	1,415	412
	<hr/>	<hr/>	<hr/>	<hr/>
Other income	168,024 466	439,774 –	607,798 466	442,863 11,861
	<hr/>	<hr/>	<hr/>	<hr/>
Total incoming resources	168,490	439,774	608,264	454,724
	<hr/>	<hr/>	<hr/>	<hr/>
RESOURCES EXPENDED				
Costs of generating funds				
Fundraising and publicity costs	35,832	–	35,832	27,183
	<hr/>	<hr/>	<hr/>	<hr/>
Charitable activities				
Drug related projects	119,718	348,281	467,999	311,484
	<hr/>	<hr/>	<hr/>	<hr/>
Governance costs	10,911	443	11,354	23,073
	<hr/>	<hr/>	<hr/>	<hr/>
Total resources expended	166,461	348,724	515,185	361,740
	<hr/>	<hr/>	<hr/>	<hr/>
Net income for the year/ Net movement in funds	2,029	91,050	93,079	92,984
	<hr/>	<hr/>	<hr/>	<hr/>
Fund balances at 1 January 2005	42,182	127,669	169,851	76,867
	<hr/>	<hr/>	<hr/>	<hr/>
Fund balances at 31 March 2006	44,211	218,719	262,930	169,851
	<hr/>	<hr/>	<hr/>	<hr/>

Balance Sheet as at 31 March 2006

	2006		31 Dec 2004	
	£	£	£	£
Fixed assets				
Tangible assets		12,803		14,549
Current assets				
Debtors	13,249		101,556	
Cash at bank and in hand	252,789		67,395	
		<u>266,038</u>		<u>168,951</u>
Creditors: amounts falling due within one year		<u>(15,911)</u>		<u>(13,649)</u>
Net current assets		<u>250,127</u>		<u>155,302</u>
Total assets less current liabilities		<u>262,930</u>		<u>169,851</u>
Income funds				
Restricted funds		218,719		127,669
Unrestricted funds		44,211		42,182
		<u>262,930</u>		<u>169,851</u>

Trustees' Statement on the Summarised Accounts

These summarised accounts are extracted from the full unqualified audited accounts approved by the Trustees on 6th September 2006 and subsequently submitted to the Charity Commission. They may not contain sufficient information to allow a full understanding of the financial affairs of the charity. For further information, the full accounts, the auditors' report on those accounts and the Trustees' Annual Report should be consulted. Copies of these can be obtained from: Mentor Foundation UK, 4th Floor, 74 Great Eastern St, London EC2A 3JG

Incorporation of the Charity as a Company Limited by Guarantee

The financial statements included in this Review relate to the Mentor Foundation UK for the Prevention of Substance Abuse, Charity Registration No. 1072619 and are for a 15 month accounting period ended 31st March 2006. The Trustees of Mentor UK resolved to incorporate the charity as a Company Limited by Guarantee, transferring the assets and liabilities of the trust to the charitable company on 31st March 2006.

The charitable company, the Mentor Foundation UK, has a new Charity Registration No. 1112339, and Registered Company No. 5609241. The trust (Registered Charity No. 1072619) is being wound up.

PATRONS

Baroness Greenfield CBE
Mrs Eva Rausing

TRUSTEES

The Trustees who served during the period were:
Lord Mancroft (Chairman)
Ms Mary King (Treasurer)
Mr Martin Paisner
Ms Sim Scavazza
Sir David Sieff
Sir Jack Stewart-Clark
Mr Tom Wass
Mrs Helen Watson

STAFF

Eric Carlin (Chief Executive)
Joan Shearman (Business Manager)
Derek Ferguson (Project Manager)
Susi Farnworth (Development Officer)
Apostolos Polymerou (Development Officer)
Andrew Brown (Coordinator, Drug Education Forum)
Andrew Wiltshire (Administrative Assistant)

PROJECT OFFICERS SECONDED TO THE COASTAL AND EX-MINING AREAS PROJECT

Joanna Travis, Mentor International
Suzy Zito, Dept of Health

RESEARCHERS AND CONSULTANTS

Graeme Boyd (Media & Market Research)
Esme Madill (Policy, Planning & Fundraising)
Third Sector PR (Media Relations)



Mentor Foundation UK

REGISTERED CHARITY NO. 1112339
REGISTERED COMPANY NO. 5609241

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