

# **Street Talk: An evaluation of young person outcomes**

**A Partnership between Mentor UK and Addaction**

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# Overview

## **This presentation covers:**

- Young person Street Talk evaluation framework.
- Street Talk sample.
- CRAFFT screening findings.
- Pre and post intervention findings.
- Follow up findings.
- Limitations and further work.
- Conclusion.

# Evaluation Framework

## Participants (Sample):

Young people.  
10 - 19 years of age.  
Identified as being at-risk of substance misuse and social vulnerability by grass root organisations.

## Evaluation Design:

Pre and post intervention and short term follow up.  
Reliable & valid quantitative measures.  
Mobile and web-based data collection.

## Analysis:

Descriptive, parametric and non-parametric analyses to establish:

1. Knowledge & confidence outcomes.
2. Intention to change behaviour outcomes.
3. Wellbeing outcomes.

## Screening

CRAFFT Tool  
Intervention Group  
Non Intervention Group

## Pre Intervention

Knowledge / Confidence Q  
Wellbeing Q

## Brief Motivational Interviewing Intervention

## Post Intervention

Knowledge / Confidence Q  
Intention to change behaviour Q

## Follow Up

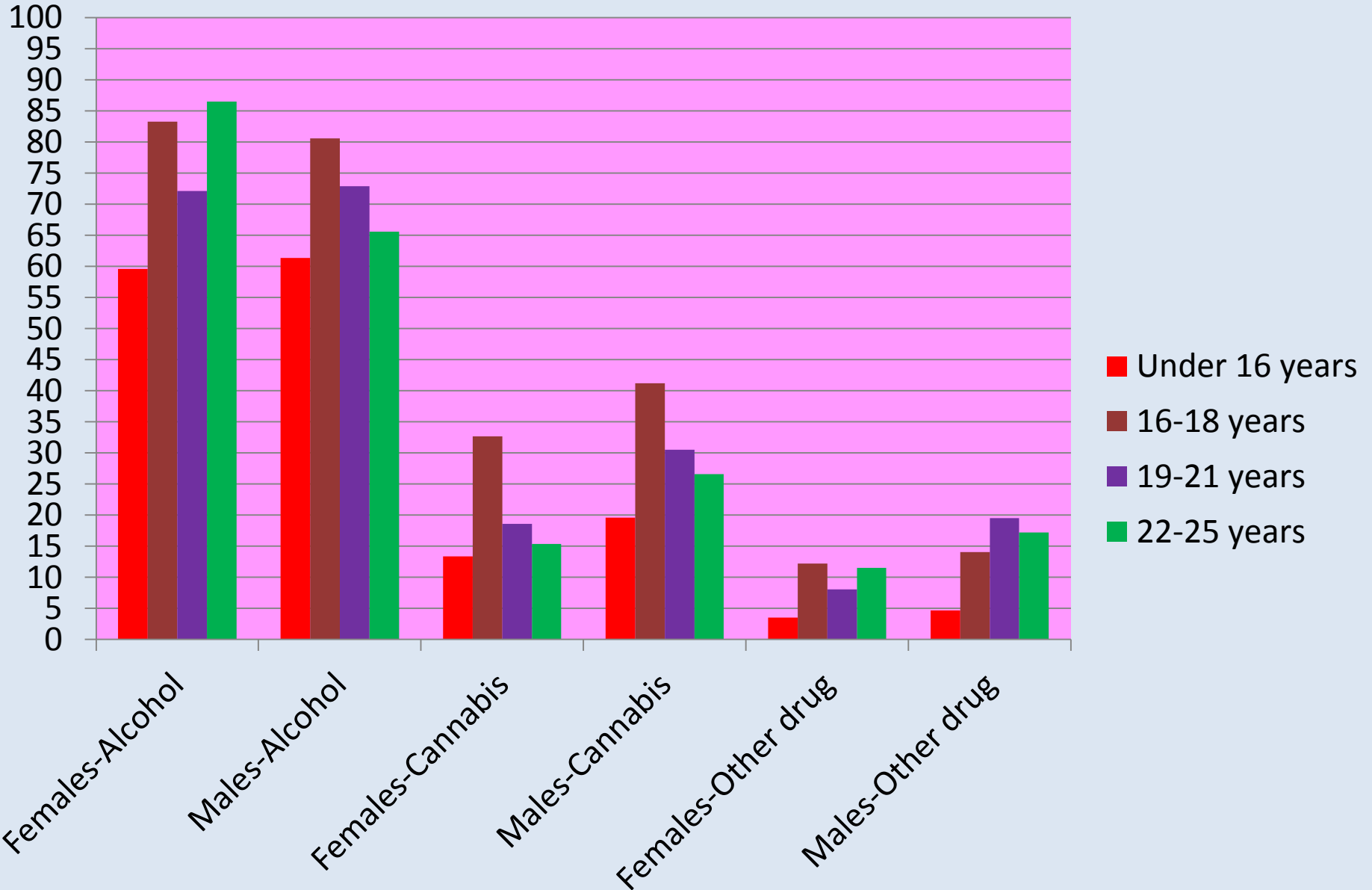
Wellbeing & SelfEsteem Q  
Substance Use Q  
Offending & Anti-Social Behaviour Q

# Sample

	<b>F 10-15</b>	<b>M 10-15</b>	<b>F 16-18</b>	<b>M 16-18</b>	<b>F 19-21</b>	<b>M 19-21</b>	<b>F 22-25</b>	<b>M 22-25</b>	<b>Row Total</b>
<b>Bournemouth</b>	119	100	72	86	20	23	22	21	<b>463</b>
<b>Brent</b>	45	78	<b>55</b>	<b>94</b>	24	39	13	32	380
<b>Cornwall</b>	56	86	<b>122</b>	<b>110</b>	6	11	0	1	392
<b>Halton</b>	96	80	39	49	15	24	16	10	329
<b>Lancashire</b>	147	172	155	115	21	21	1	0	<b>632</b>
<b>Column Total</b>	<b>463</b>	<b>516</b>	443	454	86	118	52	64	<b>Total: 2196</b>

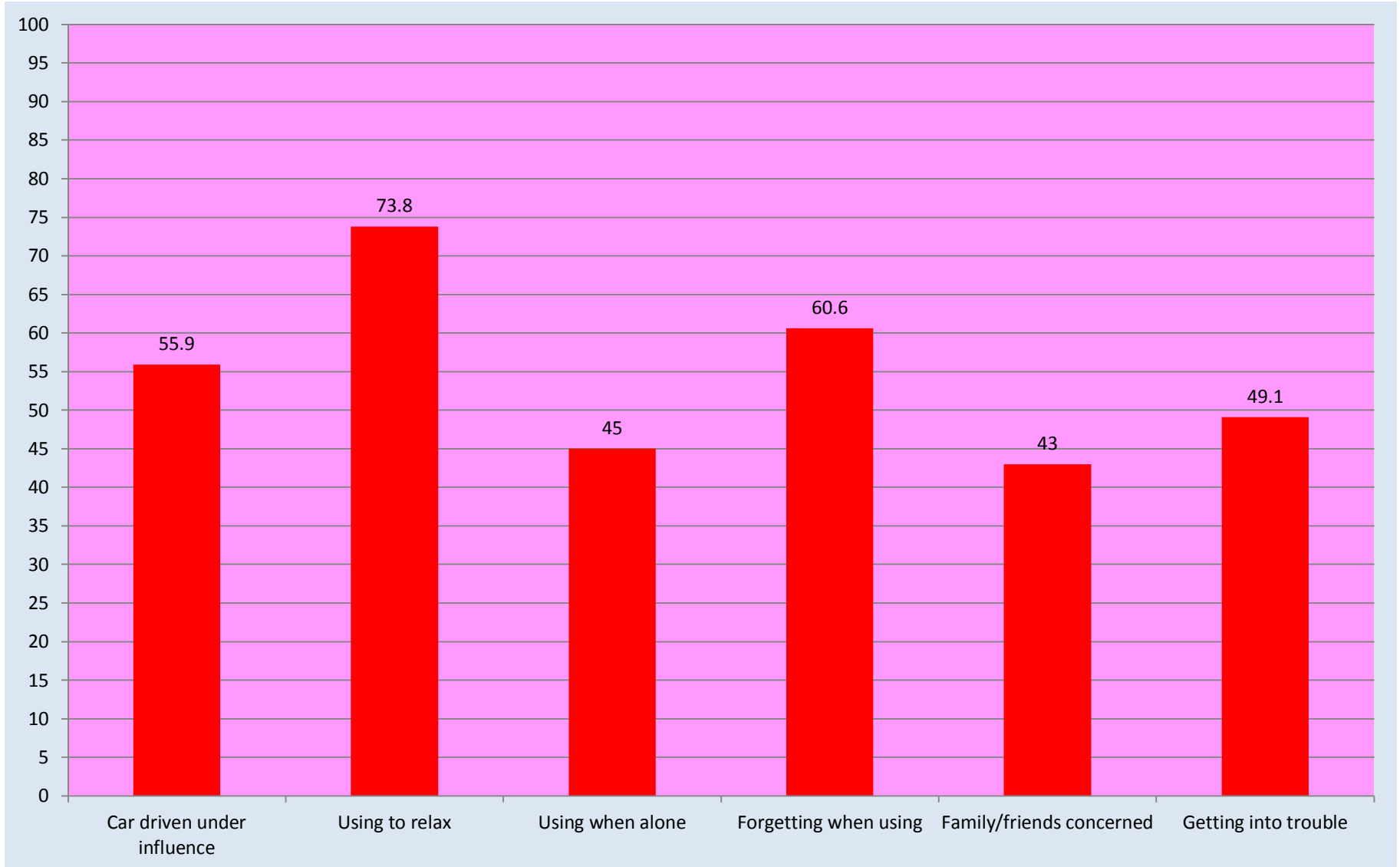
# CRAFFT Screening

# CRAFFT Screening Findings



# CRAFFT Screening.....

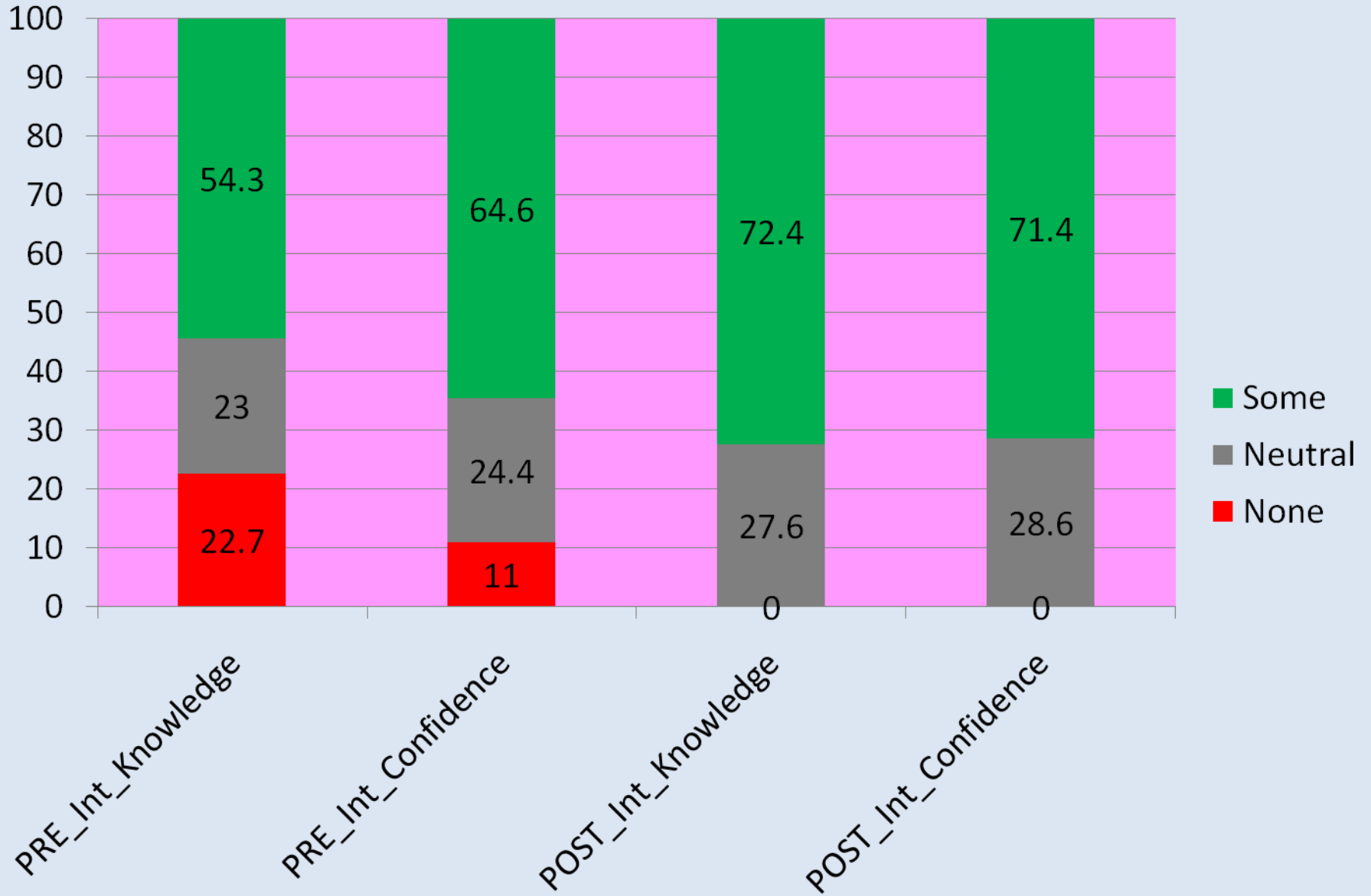
**CRAFFT Part B:** Percentage of young people who disclosed risky behaviours (N=807)



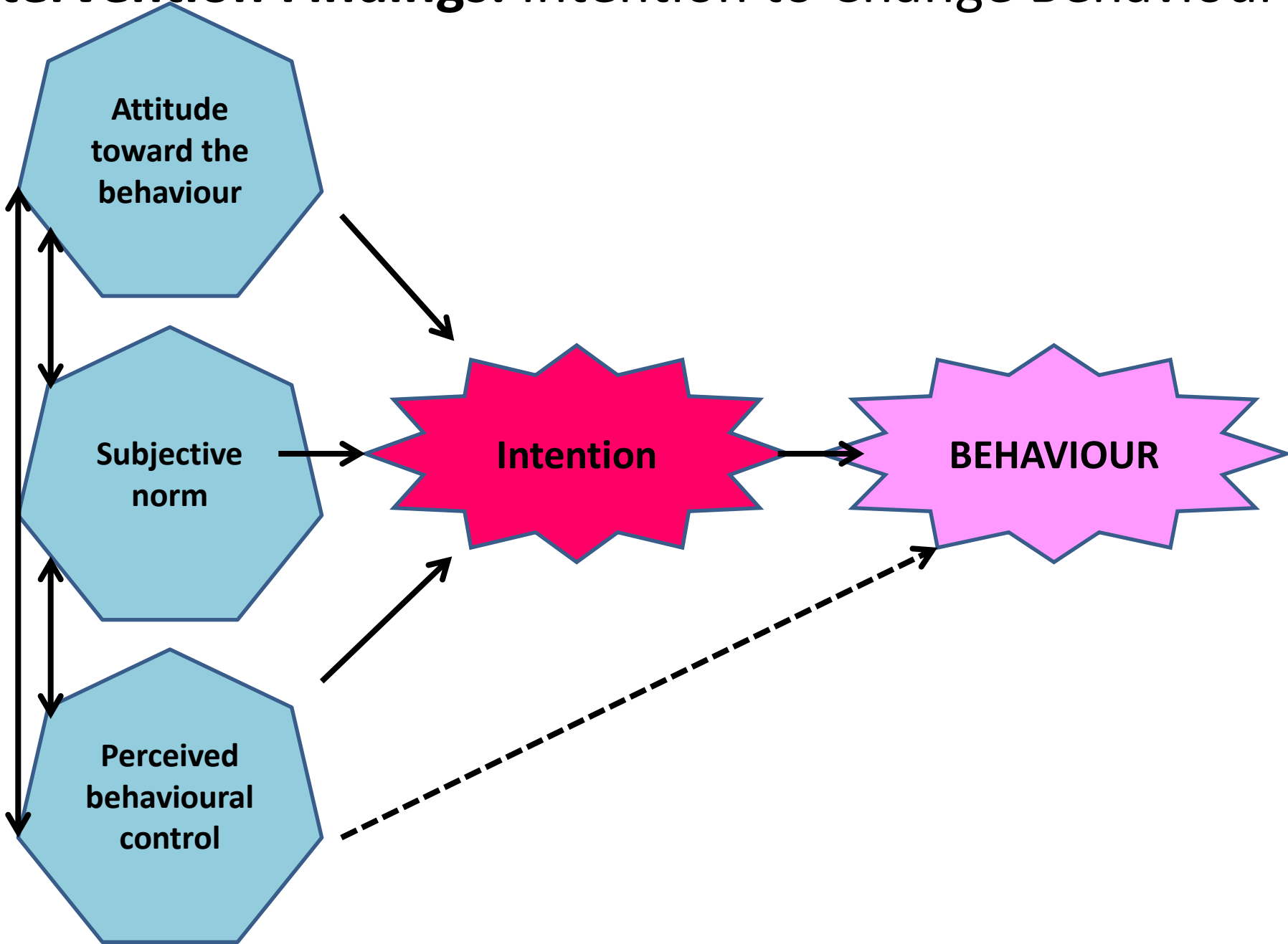
# Brief Motivational Interviewing Intervention



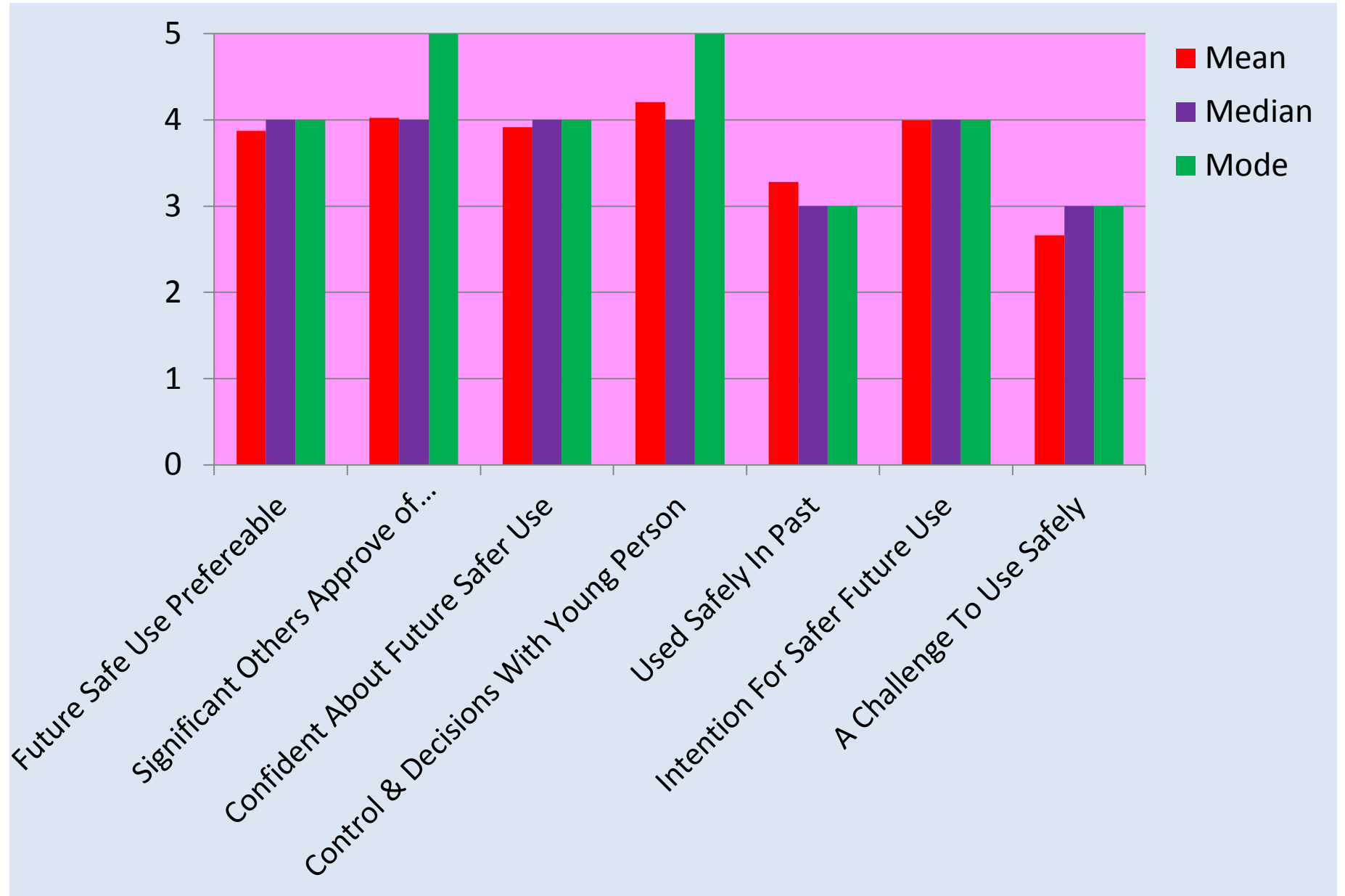
# Pre and Post Intervention Findings: Knowledge and Confidence



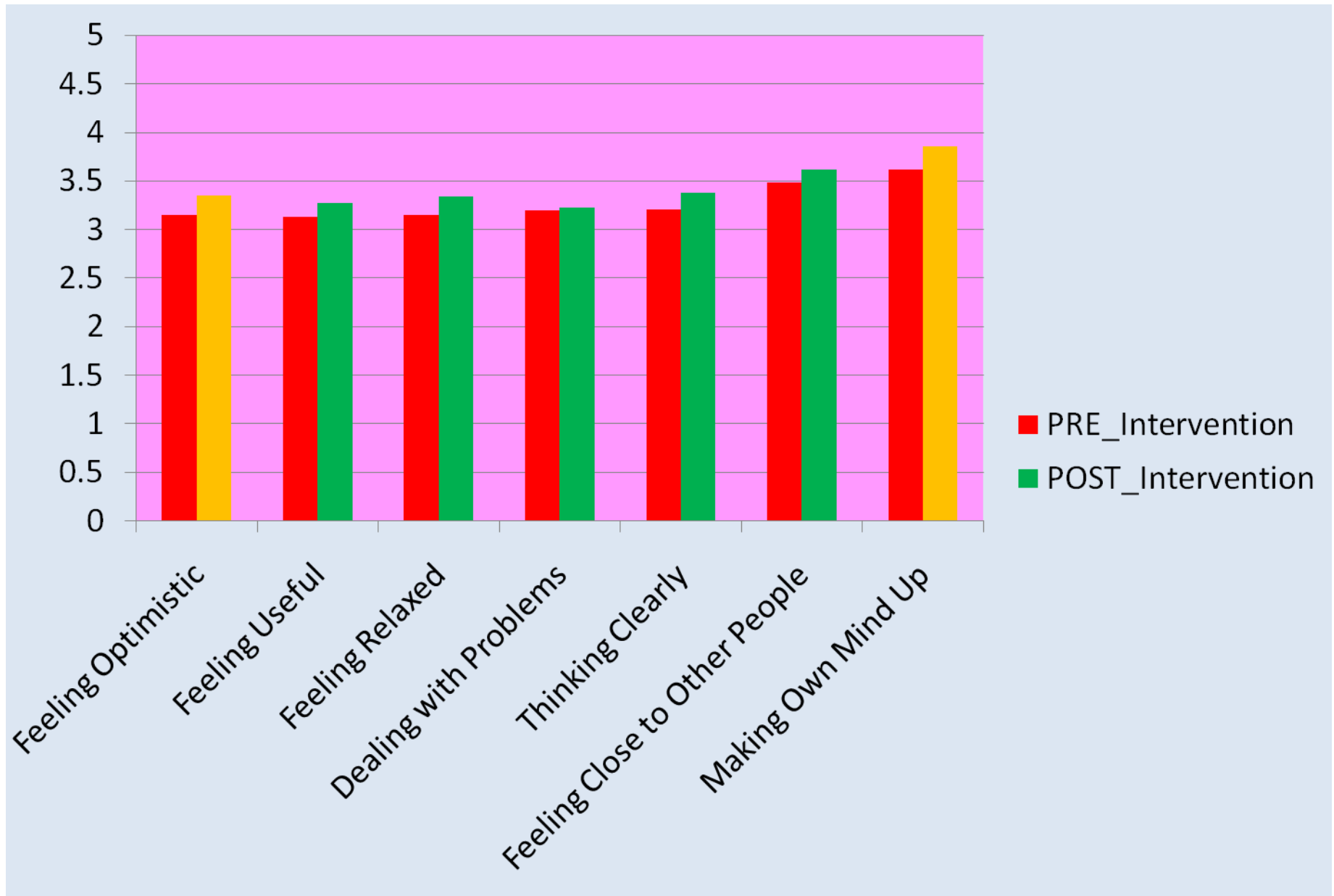
# Intervention Findings: Intention to Change Behaviour



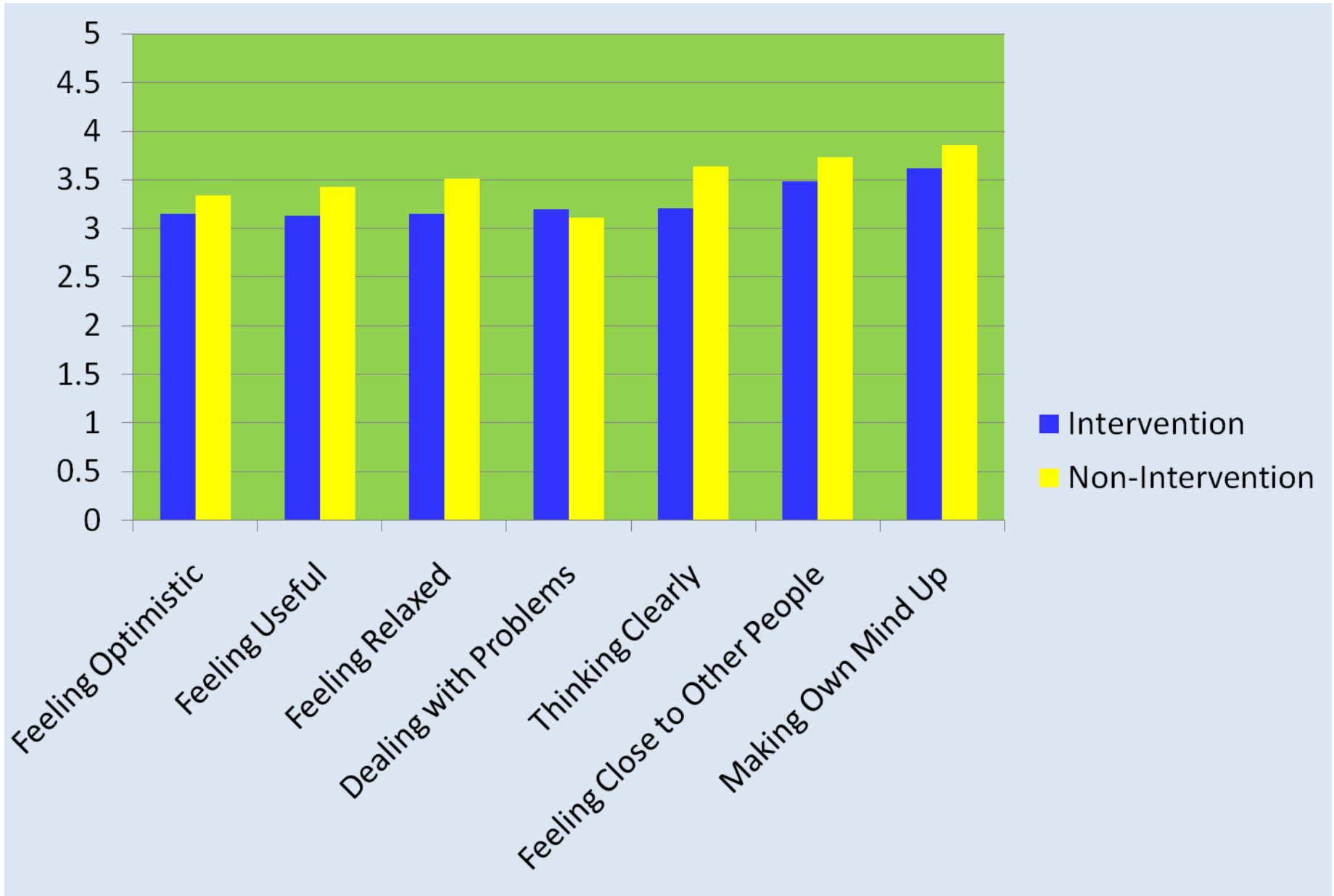
# Intervention Findings: Intention to Change Behaviour



# Intervention Findings: Wellbeing



# Follow-Up Findings: Wellbeing



# Comparison Group Findings: Substance Use

Domain	Non Intervention Group	Intervention Group*
Alcohol Use	<b>66% No Alcohol</b> 27% 1-2 Days Per Week 7% > 2 Days	<b>34% No Alcohol</b> 42% 1-2 Days Per Week 24% > 2 Days
Cannabis	<b>92% No Cannabis</b> 4% 1-2 Days Per Week 4% > 2 Days	<b>65% No Cannabis</b> 16% 1-2 Days Per Week 19% > 2 Days
“Other” Substances*	<b>97% No “Other” Use</b> 3% “Other” Use	<b>95% No “Other” Use</b> 5% “Other” Use > 2 Days

# Comparison Group Findings: Offending and Anti-Social Behaviour

Domain	Non Intervention Group	Intervention Group
Shop lifting	5%	8%
Selling Drugs	2%	6%
Vehicle Theft	2%	4%
Other Theft	2%	4%
Fraud/ Stolen Goods	2%	7%
Assault/ Violence	4%	9%
Loud in Public	44% (5% Unsure)	68% (4% Unsure)
Joy Riding	8% (3% Unsure)	11% (3% Unsure)
Neighbour Complaints	17% (2% Unsure)	20% (4% Unsure)
Carried a Weapon	7% (0.4% Unsure)	14% (2% Unsure)
Graffiti	9% (1% Unsure)	14% (2% Unsure)
Racist Comments	10% (0.4% Unsure)	11% (1% Unsure)
Trouble with Friends	30% (2% Unsure)	44% (3% Unsure)

# Limitations and Further Work

<b>Limitation</b>	<b>Action Taken</b>	<b>Future Solution and Further Work</b>
No structured intervention follow-up.	Wide range of follow up measures as a non-targeted attempt.	Structure a follow-up, significantly reduce number of measures and measure actual behaviour change.
Not an RCT (randomised control trial).	Maintenance of a comparison group.	Conduct an RCT.
Lack of involvement and clarity around technology and evaluation	Support when possible, inclusive and flexible approach.	Manualised approach, evaluation toolkit at the start of the project, YP accreditation, consultation and more training.



# Conclusion

- 571/2196 (26%) of young people did not disclose substance use.
- 1056 (48%) disclosed the use of 1 substance.
- 423 (19%) disclosed the use of 2 substances (Poly Use)
- 146 (7%) disclosed the use of 3 substances. (Poly Use).
- Of the 1625 young people who used substances, 50% disclosed **no/low other risks**. 18% disclosed **medium risk taking** levels, 22% disclosed **high risk taking** levels and 10% disclosed **severe risk taking** levels. Thus, 807 (or 50%) of those young people who used substances were eligible for the brief motivational interviewing intervention.
- Statistically significant increases in **knowledge** and **confidence** about accessing support and making safer decisions. No statistically significant increase in overall **wellbeing**. The majority of young people disclosed a consistent and high **intention to change** their behaviour.
- The screening and intervention had a significant impact upon **engaging young people**, demonstrating the utility of **innovative technology** and **eliciting positive outcomes** in **raising awareness** and **empowering young people** with the potential and intention to engage in **safer, less risky behaviour**.

# Contacts

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